

## Wet vs Dry

Fun with food

### 1. Learning wet and dry the delicious way

Children love being hands-on with food. And with this activity, you can put their enthusiasm for playing with food to good use.

In a way, this is a “before and after” game. First, let them toy around with dry foods such as biscuits and cereals, or rice and pasta.

Then let them experiment with the food after it’s been prepared and is “wet”. Things might get a bit messy, but that’s a good thing - they’re learning while enjoying some tasty food!



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Paint it wet and dry

### 2. Using colours to make wet and dry fun

Bright colours make for a fun multi-sensory learning experience! Get paint powders or dry water-colours, and let your little one touch them. Make sure that the materials are safe for skin.

Don't forget, things are about to get messy! So before continuing, make sure you've got a suitable space for play.

Time to add water to the colours. Feel free to mix and match, and let your little one toy about the mixtures. Children love to see colours transform and change.

For added fun, let them use their hands (or fun objects) to make art



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Wet and dry meets water fun

### 3. Letting your little one learn while making a splash

Who says that learning wet and dry is something you can only do at home? This activity lets you continue sensory training when on holiday, or when out on a sunny day trip.

Let your little one notice the difference of “wet” as they play about in a pool, in a fountain or under sprinklers. Then show them the wonderful “dry” sensation of being wrapped by a warm, cosy towel.

You can have even more fun if you’re on a beach holiday, by splashing about in the sea to show “wet”, and playing around with sand to show “dry”.

